

PRACTICING SCALES – FOR EVEN SOUND (TONE) & DYNAMICS			
ON OPEN STRINGS / ON SCALES	Speed & Pulse	Bow Distribution	Bow Start
1. For EVEN SOUND / GOOD QUALITY TONE – even pressure / even speed / changing tilt - practicing in <i>f</i> for a great even and projecting (soloistic) sound	SEMI-BREVE – 4/4 Crotchet = 80	WHOLE BOW	AT HEEL
2. For CRESCENDO SOUND – increasing pressure / increasing speed / changing tilt – Start <i>p</i> with 4 beats Crescendo to <i>f</i> followed by 4 beats Diminuendo on the next scale note			
3. For DIMINUENDO SOUND – decreasing pressure / decreasing speed / changing tilt Start <i>f</i> with 4 beats Diminuendo to <i>p</i> followed by 4 beats Crescendo on the next scale note			

PRACTICING SCALES – FOR EVEN SOUND (TONE) & DYNAMICS – WITH VIBRATO			
ON OPEN STRINGS / ON SCALES	Speed & Pulse	Bow Distribution	Bow Start
1. For EVEN SOUND / GOOD QUALITY VIBRATO TONE – even pressure / even speed / changing tilt - practicing in <i>f</i> for a great even and projecting (soloistic) sound	SEMI-BREVE – 4/4 Crotchet = 80	WHOLE BOW	AT HEEL
2. For CRESCENDO & VIBRATO SOUND – increasing bow pressure / speed & vibrato amplitude / speed Start <i>p</i> with 4 beats Crescendo to <i>f</i> followed by 4 beats Diminuendo on the next scale note			
3. For DIMINUENDO & VIBRATO SOUND – decreasing bow pressure / speed & vibrato amplitude / speed Start <i>f</i> with 4 beats Diminuendo to <i>p</i> followed by 4 beats Crescendo on the next scale note			