

VIBRATO – ARM VIBRATO – HOW TO PRODUCE IT		
What is it	What to do	It feels like
1. MOVEMENT - HORIZONTAL WAVE	MAKING a horizontal 'wave' towards the pegs with hand – it must be straight 'in the movement' - KEEP PALM / WRIST / FOREARM 'STRAIGHT'	→ 'ONE MOVEMENT' → STRAIGHT PALM / WRIST / FOREARM
2. SOUND - FIRST JOINT FLATTENS	'FLATTENING' the bottom joint of finger a semi-tone lower from main note by 'pulling it back towards the pegs' and 'RAISING' it straight back up.	→ SEMI-TONE LOWER SOUND → FLEXIBLE JOINT
3. SPEED - EVEN RHYTHM SHAKE	PRODUCING an even shake (wave) sound with even rhythm. Practicing 3 shake speeds - 4 measured crotchets (sounding like 'police car siren'), 8 quavers, 16 semi-quavers (and optional triplets rhythms).	→ 'SAME' SPEED → STRICTLY MEASURED RHYTHM → FLEXIBLE MUSCLES

IDENTIFY & SOLVE THE PROBLEM	
Don't	Do
1. MOVE YOUR ARM OR WRIST SIDWAYS / UP-DOWN / LOSE 'STRAIGHT' HAND	1. MOVE HAND AND WRIST IN A 'STRAIGHT' WAY AS A 'UNIT' HORIZONTALLY ONLY
2. MAKE FIRST JOINT STIFF OR FORGET TO HEAR THE 'SEMI-TONE LOWER' SOUND	2. RELEASE FIRST JOINT SO IT CAN FLATTEN & 'RAISE' BACK UP WITH THE MOVEMENT
3. MAKE THE SHAKE UNEVEN OR STIFF	3. AIM FOR 'EVEN' SHAKE MAKING THE 'SAME' SPEED MOVEMENT

HAVE YOU LEARNED IT	ACTION WORDS / TASK
1. MOVEMENT - HORIZONTAL WAVE	1. 'ONE MOVEMENT' 2. ONE 'UNIT' 3. STRAIGHT WAVE
2. SOUND – FIRST JOINT FLATTENS	1. FLEXIBLE JOINT 2. FLATTEN & RAISE IT 3. SEMI-TONE LOWER SOUND
3. SPEED – EVEN RHYTHM SHAKE	1. 'SAME' SPEED 2. 'EVEN' SHAKE 3. RELAXED MOVEMENT

REMEMBER
THE DETAIL
THE ACTION
THE FEELING