

## LESSON SKILLS – LISTEN / LOOK

What is it	What to do	It feels like
1. <b>LISTEN / LOOK</b>	<b>LEARN</b> how to <b>HEAR</b> and <b>OBSERVE</b> in the most <b>FOCUSED</b> possible way.	→ <b>LISTENING &amp; LOOKING ATTENTIVELY</b>
2. <b>COPY</b>	<b>APPLY</b> promptly and <b>TRY</b> what you hear and see to the best of your ability.	→ <b>ACTIVE APPLICATION</b>
3. <b>CORRECT</b>	<b>READJUST</b> and <b>EXPERIMENT</b> learning promptly the new detail at home.	→ <b>READINESS TO IMPROVE</b>

### IDENTIFY & SOLVE THE PROBLEM

Don't	Do
1. <b>LOSE ATTENTION</b>	1. <b>LISTEN &amp; LOOK</b>
2. <b>LOSE FOCUS</b>	2. <b>TRY &amp; APPLY</b>
3. <b>BE SLOW TO READJUST</b>	3. <b>CORRECT &amp; REMEMBER</b>

HAVE YOU LEARNED IT	ACTION WORDS / TASK
1. <b>LISTEN / LOOK</b>	<b>PAY ATTENTION</b>
2. <b>COPY</b>	<b>APPLY WILLINGLY</b>
3. <b>CORRECT</b>	<b>READJUST PROMPTLY</b>

**REMEMBER  
THE DETAIL  
THE ACTION  
THE FEELING**