

WHAT ARE MY PRACTICING GOALS?		
What is it	What to do	It feels like
1. UNDERSTANDING the music perfectly	ONE DETAIL AT A TIME - always aiming to improve one detail at a time first - details are what music is built of!	→ SEPARATING THE DETAILS
2. APPLYING what you have learnt	Aiming to understand and apply technically ALL THE DETAILS in the music through the 'system of repetition'.	→ REPEATING SYSTEMATICALLY
3. REMEMBERING the music & FEELING it	MAKING THE PIECE 'YOUR OWN' - After having understood all the details and having learned them, converting them using muscle memory to play as if YOU WROTE THE PIECE – SHOWING YOUR PERSONALITY through it.	→ SECURING DETAILS → MUSCLE MEMORY → EXPRESSING PERSONALITY

HAVE YOU LEARNED IT	Action Words / Task
1. UNDERSTAND	1. SEPARATE THE DETAILS 2. ONE DETAIL AT A TIME
2. APPLY	1. REPEAT SYSTEMATICALLY 2. ALL THE DETAILS 3. SYSTEM OF REPETITION
3. REMEMBER & FEEL	1. SECURE DETAILS 2. 'CONVERT' TO MUSCLE MEMORY 3. MAKE THE PIECE 'YOUR OWN' / SHOW YOUR PERSONALITY

REMEMBER
THE DETAIL
THE ACTION
THE FEELING