

SCALES – WHY PRACTICING SCALES		
What is it	What to do	It feels like
1. LEARNING TECHNIQUE	Scales are the basic and most important tool for learning the violin technique. 1. DEVELOPING left hand fingers dexterity, left & right hands coordination. 2. FOCUSING on the technical side of producing a great quality tone. 3. AWARENESS of the natural sense of ‘music flow’ in a scale-like ascending / descending way as a preparation for phrasing in the pieces.	→ FINGERS & BOW CONTROL → SOUND (TONE) QUALITY PRODUCTION → SENSING THE SCALE’S ‘MUSIC FLOW’
2. SECURING INTONATION	LEARNING how to listen extremely carefully to every note, and to hearing correctly the tones and semitones spaces in order to judging the distance space exactly needed between each note in the scale.	→ LISTENING CAREFULLY → HEARING CORRECTLY → JUDGING SPACE DISTANCE
3. AUTOMATIC MUSCLE MEMORY	Playing scales is MAKING the most NATURALLY AUTOMATIC PROCESS a REALITY . Developing the ‘music flow’ in your pieces and converting it into ‘muscle memory’ is only possible when there is an understanding of the scales flow and how each scale type (major/minor harmonic/minor melodic) works and sounds.	→ LEARNING SCALES TYPES → LINKING SCALES TO PIECES → MAKING SCALES ‘FLOW’

HAVE YOU LEARNED IT	Action Words / Task
1. LEARNING TECHNIQUE	1. CONTROL FINGERS & BOW 2. WORK ON SOUND (TONE) QUALITY 3. RECOGNISE THE SCALE’S MUSIC FLOW
2. SECURING INTONATION	1. LISTEN CAREFULLY 2. HEAR CORRECTLY 3. JUDGE SPACE DISTANCES
3. AUTOMATIC MUSCLE MEMORY	1. LEARN THE 3 SCALES TYPES 2. LINK SCALE TYPES TO PIECES 3. MAKE SCALES ‘FLOW’ MUSICALLY

**REMEMBER
THE DETAIL
THE ACTION
THE FEELING**