

SCALES – ‘MUSIC FLOW’ SENSE – SOUND		
What is it	What to do	It feels like
1. <b>‘EVEN RHYTHM’ SENSE OF CONTROL</b>	1. <b>DROPPING</b> fingers exactly at even speed to controlling the articulation and speed ‘flow’ in ‘legato bow’ scales - 2/3/4/6/8/16/24/48 slurred notes per beat on one bow. 2. <b>LEARNING</b> to manage the speed and co-ordination between left and right hand.	→ <b>CONTROLLING ARTICULATION &amp; SPEED ‘FLOW’</b> → <b>MANAGING SPEED &amp; CO-ORDINATION</b>
2. <b>EVEN ‘QUALITY’ SOUND</b>	<b>PRACTICING</b> ‘slow - separate bows’ scales to improving the sound emission and tone quality and to learning how exactly the bow works changing the pressure gradually to achieve evenly sustained, fully resonating, singing-like, projecting sound.	→ <b>IMPROVING SOUND EMISSION &amp; TONE QUALITY</b>
3. <b>CRESCENDO &amp; DIMINUENDO</b>	Practicing ‘slow separate bows’ or ‘legato bow’ scales to control the <b>EXACT BOW SPEED CHANGE &amp; PRESSURE CHANGE</b>	→ <b>ADJUSTING BOW SPEED &amp; BOW PRESSURE</b>

HAVE YOU LEARNED IT	Action Words / Task
1. <b>‘EVEN RHYTHM’ SENSE OF CONTROL</b>	1. <b>CONTROL ARTICULATION &amp; SPEED ‘FLOW’</b> 2. <b>MANAGE SPEED &amp; COORDINATION</b>
2. <b>EVEN ‘QUALITY’ SOUND</b>	1. <b>IMPROVE SOUND EMISSION</b> 2. <b>IMPROVE TONE QUALITY</b>
3. <b>CRESCENDO &amp; DIMINUENDO</b>	1. <b>ADJUST BOW SPEED</b> 2. <b>ADJUST BOW PRESSURE</b>

**REMEMBER  
THE DETAIL  
THE ACTION  
THE FEELING**