

<b>SHIFTING – SENSE OF POSITION – GUIDING 1<sup>st</sup> FINGER</b>		
<b>What is it</b>	<b>What to do – CHECKLIST QUESTIONS</b>	<b>It feels like</b>
1. <b>ESTABLISHES</b> hand position	<b>WHAT POSITION</b> am I in? <b>BEING AWARE</b> of the 1 <sup>st</sup> finger's place in each position.	→ <b>KNOWING WHERE I AM</b>
2. <b>GUIDES</b> shifting	<b>DID I SLIDE</b> my finger with 'glissando motion' and moved my hand 'slowly' – with or without hearing the glissando sound? <b>FEELING</b> a light contact between the 1 <sup>st</sup> finger and the string in shifting.	→ <b>'FEELING' OF SLIDING SLOW</b> → <b>'FINGER- STRING' CONTACT</b> → <b>'SLIDING' SOUND CONTROL</b>
3. <b>1<sup>st</sup> 'SHORTENS'</b> the shift ('travel' sense)	<b>WHAT IS THE INTERVAL</b> (space) between 1 <sup>st</sup> and the 'arrival finger'? <b>SHORTENING</b> the travel sense by shifting '1 <sup>st</sup> to 1 <sup>st</sup> ' as a guiding finger to the 'new' position and exchanging it with the original 'arrival finger'.	→ <b>MAKING SHIFTS 'SHORTER'</b> → <b>EXCHANGING GUIDING 1<sup>st</sup> ON ARRIVAL</b>

<b>IDENTIFY &amp; SOLVE THE PROBLEM</b>	
<b>Don't</b>	<b>Do</b>
1. <b>FORGET TO CHECK WHERE IS 1<sup>st</sup></b>	1. <b>BE AWARE OF THE PLACE AND NOTE 1<sup>st</sup> PLAYS</b>
2. <b>LOSE SENSE OF 1<sup>st</sup> GUIDING SHIFT</b>	2. <b>BE AWARE OF THE 1<sup>st</sup> MOVING THE WHOLE HAND</b>
3. <b>FORGET CHECKING 1<sup>st</sup> WITH THE LOWER SHIFTING NOTE</b>	3. <b>BE AWARE OF PLACE OF 1<sup>st</sup> FINGER IN LONG SHIFTS / CHECK INTERVAL WITH NOTE BEFORE SHIFT</b>

<b>HAVE YOU LEARNED IT</b>	<b>Action Words / TASK</b>	<b>PRACTICING LINK – GO TO:</b>
1. <b>1<sup>st</sup> ESTABLISHES</b> your hand position	1. <b>CHECK PLACE</b> 2. <b>CHECK POSITION</b> 3. <b>CHECK NOTE</b>	→ ŠEVČÍK – ADVANCED TECHNIQUE → POINTS 1 & 2 → FOCUS ON ARPEGGIOS SEPARATELY
2. <b>1<sup>st</sup> GUIDES</b> shifting	1. <b>'SLOW' MOVE</b> 2. <b>STRING TOUCH</b> 3. <b>GLISSANDO SOUND</b>	
3. <b>1<sup>st</sup> SHORTENS</b> the shift (travel sense)	1. <b>EXCHANGE 'SHIFT' FINGER</b> 2. <b>SHORTEN THE 'SHIFT INTERVAL'</b>	

**REMEMBER**  
**THE DETAIL**  
**THE ACTION**  
**THE FEELING**