

WHAT IS THE AIM?	
What is it	What it means
UNCONSCIOUSLY 'INCOMPETENT'	In our practicing time we must start ASKING OURSELVES PURPOSEFUL QUESTIONS when playing the music, and to START LISTENING to our playing – to NOTICING what MUST BE CORRECTED .
CONSCIOUSLY 'INCOMPETENT'	We need to LEARN and REMEMBER what we have been told to CORRECT by our teacher, and to WORK ON IT using that knowledge until we UNDERSTAND and APPLY all the necessary details in our playing.
CONSCIOUSLY 'COMPETENT'	We must BECOME EXPERTS at what we do – ALL MUSICAL DETAILS have to be UNDERSTOOD, APPLIED, and REMEMBERED – and ultimately converted into MUSCLE MEMORY .
UNCONSCIOUSLY 'COMPETENT'	We must LET all the details work at the back of our brain in harmony (MUSCLE MEMORY) so we can BECOME ARTISTS and PERFORM with FEELING and PERSONALITY on stage.

HAVE YOU LEARNED IT	Action Words / Task
UNCONSCIOUSLY 'INCOMPETENT'	<ol style="list-style-type: none"> 1. ASK QUESTIONS 2. START LISTENING 3. NOTICE THINGS TO CORRECT
CONSCIOUSLY 'INCOMPETENT'	<ol style="list-style-type: none"> 1. LEARN & REMEMBER 2. WHAT TO CORRECT 3. WORK ON IT 4. UNDERSTAND 5. APPLY
CONSCIOUSLY 'COMPETENT'	<ol style="list-style-type: none"> 1. BECOME EXPERT 2. MASTER ALL MUSICAL DETAILS 3. WORK ON MUSCLE MEMORY
UNCONSCIOUSLY 'COMPETENT'	<ol style="list-style-type: none"> 1. LET MUSCLE MEMORY WORK 2. BECOME AN ARTIST 3. PERFORM WITH FEELING & PERSONALITY

**REMEMBER
THE DETAIL
THE ACTION
THE FEELING**