

## PRACTICE TOOLS – WHAT is the correct MINDSET when PRACTICING & when PERFORMING?

1. <b>PRACTICING</b>	→ <b>FIX THE CAR</b>	When practicing <b>YOU ARE THE MECHANIC</b> fixing all the problems on the car so everything works smoothly
2. <b>PERFORMING</b>	→ <b>DRIVE THE CAR</b>	When performing <b>YOU ARE THE DRIVER</b> watching the road ahead and anticipating generally the road conditions

HAVE YOU LEARNED IT	Action Words / Task
1. <b>PRACTICING</b>	<b>FIX THE CAR - YOU ARE THE MECHANIC</b>
2. <b>PERFORMING</b>	<b>DRIVE THE CAR - YOU ARE THE DRIVER</b>

**REMEMBER**  
**THE DETAIL**  
**THE ACTION**  
**THE FEELING**