

SHIFTING – SENSE OF POSITION – WHAT DOES IT MEAN		
What is it	What to do	It feels like
1. SENSE OF SPACE / HAND FRAME / INTERVAL OF 4th	MAINTAINING always a sense of space - holding in place the interval of 4 th (or 8 ^{ve} equally) as 'hand frame space' between 1 st and 4 th fingers is paramount in controlling each position.	→ AWARENESS OF HAND FRAME → VISUALISING 'SPACE' BETWEEN 1st & 4th → SENSE OF INTERVAL OF 4th & 8^{ve}
2. SENSE OF 'SLOW' MOVE / 1st – GUIDING FINGER	MOVING 'slowly' up - guiding the shifting with the 1 st finger and being aware of its location and position on the fingerboard. SLOW MOVEMENT in shifting is the key to controlling it.	→ MOVING UP 'SLOWLY' → 1st IS GUIDING → 1st IS MARKING POSITION
3. SENSE OF PLACE	SINGING / SAYING / RECOGNISING on the stave the names of the notes in higher positions particularly to securing a better sense of fingers placement.	→ KNOWING NOTE NAMES → SECURING A SENSE OF 'PLACE'

IDENTIFY & SOLVE THE PROBLEM	
Don't	Do
1. LOSE THE SENSE OF THE INTERVAL	1. KEEP AWARENESS OF THE INTERVAL OF FOURTH
2. LOSE THE SENSE OF '1st GUIDING ALL'	2. KEEP AWARENESS OF THE GUIDING PLACE OF 1st
3. LOSE THE SENSE OF POSITION	3. KEEP AWARENESS OF THE POSITION PLACE

HAVE YOU LEARNED IT	Action WORDS / Task	PRACTICING LINK – GO TO:
1. SENSE OF SPACE / HAND FRAME / INTERVAL OF 4th	1. BE AWARE OF HAND FRAME 2. VISUALISE 'SPACE' BETWEEN 1st & 4th 3. SENSE INTERVAL OF 4th & 8^{ve}	→ ŠEVČÍK – ADVANCED TECHNIQUE → POINTS 1 & 2 → FOCUS ON ARPEGGIOS SEPARATELY
2. SENSE OF SLOW MOVE / 1st – GUIDING FINGER	1. SLOW SHIFT 2. 1st MARKS POSITION 3. GUIDES THE FINGERS	
3. SENSE OF PLACE	1. KNOW THE NOTES IN ALL POSITIONS 2. KNOW THE FINGERS IN ALL POSITIONS	

REMEMBER
THE DETAIL
THE ACTION
THE FEELING