

PRACTICE PLANNER & HOW LONG SHOULD I PRACTICE EACH DAY?					
Works	'High' Beginner	'Low' Intermediate	'High' Intermediate	'Low' Advanced	'High' Advanced
SCALES / EXERCISES	10 – 15 min.	10 – 15 min.	10 – 15 min.	10 – 20 min.	15 – 30 min.
STUDY		10 – 15 min.	15 – 20 min.	15 – 20 min.	20 – 30 min.
SOLO VIOLIN			15 – 20 min.	20 – 30 min.	20 – 30 min.
CLASSICAL PIECE / CONCERTO	15 – 20 min.	20 – 30 min.	20 – 30 min.	20 – 30 min.	20 – 30 min.
ROMANTIC PIECE / CONCERTO	15 – 20 min.	30 – 45 min.	30 – 45 min.	30 – 45 min.	30 – 45 min.
ROMANTIC CONCERTO / SONATA			15 – 20 min.	30 – 45 min.	30 – 45 min.
SONATA					20 – 30 min.
TOTAL:	45 min / 1 hour	1 / 1.5 hours	1.5 / 2 hours	2 / 3 hours	3 / 4 hours

SUGGESTED 1-HOUR-DAILY PRACTICE PLANNER		
Works	How long	What to do
1. SCALES	→ 10 min.	WARMING UP and playing one scale working on one purpose – Intonation, Articulation or Sound.
2. EXERCISES / STUDY	→ 10 min.	PRACTICING one point (one detail) – left hand 'fingers dropping' or right hand 'Colle' bow stroke.
3. PIECE 1	→ 20 min.	PRACTICING 'IN DETAIL' using STAGE 1 and STAGE 2 practicing guide notes.
4. PIECE 2	→ 20 min.	PRACTICING PERFORMANCE using STAGE 2 and STAGE 3 practicing guide notes.