

<b>BOW – HOW TO MAKE A CHANGE SEAMLESSLY – LISTENING TO AVOIDING ACCENTS</b>		
What is it	What to do	It feels like
1. <b>BOW CHANGE</b>	<b>SOUND AWARENESS</b> (technicality) – The note ‘after’ the change should be <b>MATCHING</b> with the note ‘before’ the change in <b>VOLUME LEVEL (SOUND) - BOW PRESSURE</b> and <b>SPEED</b> .	→ <b>SOUND / BOW PRESSURE / SPEED</b> matching the two sounds
2. <b>STRING CHANGE</b>		
3. <b>SHIFT CHANGE</b>	<b>BOW FINGERS AWARENESS</b> (technicality) – <b>CHANGING</b> smoothly and slowly with flexible fingers.	→ <b>‘SLOW’ BOW CHANGE / FLEXIBLE FINGERS</b> matching the two sounds
	<b>CONNECTION AWARENESS</b> (feeling) – <b>FEELING</b> the smooth connection between the note ‘before’ and ‘after’ the change.	→ <b>‘FEEL THE CHANGE AS IF THERE ISN’T ONE’ / SMOOTH CONNECTION</b> is matching the two sounds

<b>IDENTIFY &amp; SOLVE THE PROBLEM</b>	
Don’t	Do
1. <b>LET SOUND NOT MATCHING</b>	1. <b>BE AWARE OF SOUND TECHNICALITY – BOW PRESSURE / SPEED</b>
2. <b>MAKE BOW CHANGE TOO FAST - BOTH NOTES NOT MATCHING</b>	2. <b>BE AWARE OF BOW FINGERS TECHNICALITY</b>
3. <b>ALLOW FOR DISJOINTED (NO CONNECTION) CHANGE – BOTH NOTES DON’T ‘GLUE PERFECTLY’ TOGETHER</b>	3. <b>BE AWARE OF THE RESULT – TWO MATCHING SOUNDS IN THE CHANGE WITHOUT ANY BREAK OF FLOW &amp; SOUND INTERRUPTION</b>

HAVE YOU LEARNED IT	ACTION WORDS / TASK	PRACTICING LINK – GO TO:
1. <b>BOW CHANGE</b>	1. <b>MAKE EVEN SOUND</b> 2. <b>ADJUST BOW PRESSURE</b> 3. <b>MATCH SPEED</b>	→ <b>SCALES – FOR SMOOTH BOW CHANGE</b> → <b>SCALES – FOR BOW DISTRIBUTION / CO-ORDINATION / ARTICULATION</b>
2. <b>STRING CHANGE</b>	1. <b>MAKE EVEN ‘SLOW’ BOW CHANGE</b> 2. <b>KEEP FINGERS FLEXIBLE</b>	
3. <b>SHIFT CHANGE</b>	1. <b>FEEL THE CHANGE AS IF THERE ISN’T ONE</b> 2. <b>CONNECT SMOOTHLY &amp; MATCH SOUND ‘FLOW’</b>	

**REMEMBER**  
**THE DETAIL**  
**THE ACTION**  
**THE FEELING**