PRACTICE TOOLS – PATTERNS – LEFT / RIGHT HAND

What is it	What it means	What to do
1. **WHAT IS A PATTERN**	A **GROUP** / **MODEL** of scales, arpeggios, similar runs of notes models, rhythms or articulation.	Patterns require **SIMILAR ACTIONS** with left or right hand so the brain can do them easily by **MUSCLE MEMORY**.
2. **LEFT HAND – FINGER PATTERNS**		
2a. **SCALES – LIKE**	Resembling a **SCALE**, or **PART-SCALE**, or a **SCALE** 'RUN'.	Identifying them as a scale - **MAJOR**, **MINOR HARMONIC** / **MELODIC** and remembering them as a **PATTERN**.
2b. **ARPEGGIOS – LIKE**	Resembling an **ARPEGGIO**, or **PART-ARPEGGIO**, or **ARPEGGIO** 'RUN'.	Identifying them as an arpeggio - **MAJOR**, **MINOR**, **DOMINANT 7**[th], **DIMINISHED 7**[th] and remembering them as a **PATTERN**.
2c. **MODEL RUNS OF REPEATED NOTES**	Resembling runs of the same or similar note intervals, or turns making **PATTERN MODELS**.	Identifying them **AS PATTERN MODELS** and remembering them as a **PATTERN**.
3. **RIGHT HAND – BOW PATTERNS**		
3a. **SAME RHYTHM**	Resembling runs of the same **RHYTHM MODEL**.	Identifying them as a rhythm model – **DOTTED RHYTHMS**, **GROUPS OF SEMIQUAVERS**, and remembering them as a **PATTERN**.
3b. **SAME ARTICULATION**	Resembling **REPEATED ARTICULATION MODELS** – 2 slurs / 2 separated, same bow strokes, etc.	Identifying the models – **SLURS** / **SEPARATED**, **BOW STROKE TYPES**, and remembering them as a **PATTERN**.

HAVE YOU LEARNED IT	Action Words / Task	
1. PATTERN DESCRIPTION	→ A GROUP → MODEL	1. APPLY SIMILAR ACTIONS 2. ACHIEVE MUSCLE MEMORY
2. LEFT HAND PATTERNS	→ SCALE → PART-SCALE / SCALE RUN	1. IDENTIFY SCALE TYPE 2. REMEMBER AS PATTERN
	→ ARPEGGIO → ARPEGGIO RUN	1. IDENTIFY ARPEGGIO TYPE 2. REMEMBER AS PATTERN
	→ 'PATTERN LIKE' MODELS	1. IDENTIFY MODELS 2. REMEMBER AS PATTERN
3. RIGHT HAND PATTERNS	→ RHYTHM MODELS	1. IDENTIFY RHYTHM MODELS 2. REMEMBER PATTERN
	→ ARTICULATION MODELS	1. IDENTIFY STROKES MODELS 2. REMEMBER PATTERN

REMEMBER
THE DETAIL
THE ACTION
THE FEELING