

PRACTICE TOOLS – THE ‘CLICK MOMENT’ – WHAT DOES IT MEAN?

→ What is it	1. TECHNICAL UNDERSTANDING	It's the moment you feel you understand and know how to do a detail
→ What to do	2. AUTOMATIC APPLICATION	It's the moment you can do perfectly a detail
→ It Feels like	3. NATURAL FEELING	It's the moment your brain and hands ‘click’ together working in perfect ‘sync’ doing the detail

HAVE YOU LEARNED IT	Action Words / Task
1. TECHNICAL UNDERSTANDING	1. The moment YOU FEEL 2. The moment YOU UNDERSTAND 3. The moment YOU KNOW HOW
2. AUTOMATIC APPLICATION	The moment YOU CAN DO IT PERFECTLY
3. NATURAL FEELING	1. The moment YOUR BRAIN ‘CLICKS’ 2. The moment YOUR HANDS ‘CLICK’

REMEMBER
THE DETAIL
THE ACTION
THE FEELING