

READING THE MUSIC – HOW TO READ THE BOW – SPEED / LENGTH / DISTRIBUTION			
What is it	What to do	How to do it	It Feels Like
1. BOW SPEED	→ SPEED UP / LESS PRESSURE → SLOW DOWN / MORE PRESSURE	Changing the natural speed of a note value according to the music – making it feel ‘unnatural’ at first.	→ ADJUSTING SPEED & PRESSURE
2. BOW LENGHT	→ MORE BOW LENGTH → LESS BOW LENGTH	Changing the natural length of a note value according to the music – making it feel ‘unnatural’ at first.	→ PLANNING ‘AHEAD’ BOW LENGTH
3. BOW DISTRIBUTION	→ USE AWARENESS OF THE DIFFERENT BOW PARTS	Changing the natural place of a note (or succession of notes) in order to facilitating a better execution of the musical ideas.	→ BEING IN THE RIGHT BOW PART
ESTABLISH THE STYLE OF THE PIECE BEFORE USING A CERTAIN BOW STROKE			

HAVE YOU LEARNED IT		Action Words / Task
1. BOW SPEED	→ ADJUSTING SPEED & PRESSURE	1. THINK OF THE PHRASE SHAPE 2. THINK OF THE SOUND VOLUME 3. THINK OF THE CHARACTER
2. BOW LENGHT	→ PLANNING ‘AHEAD’ BOW LENGTH	
3. BOW DISTRIBUTION	→ BEING IN THE RIGHT BOW PART	

REMEMBER
THE DETAIL
THE ACTION
THE FEELING