

## QUICK PRACTICAL SUGGESTIONS OF USING THE GUIDE

<b>1. IMPROVING ON FINGERS DEXTERITY (LEFT HAND)</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 3 (Fingers) and learn all tips systematically about fingers.</li> <li>→ Go to Exercises – Ševčík – BASIC or ADVANCED technique (according to your level) and use the chart to improve fingers dexterity, practicing each point separately - each point can be practiced every day or as 'one point-per-week' exercise changing points consecutively or as needed.</li> </ul>
<b>2. LEARNING DETACHÉ BOW STROKE</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 4 (Right Hand) and learn how to play the Detaché bow stroke.</li> <li>→ Go to Scales – Bow Strokes, to practice the Detaché bow stroke.</li> <li>→ Go to Video Tutorials to practice further Detaché learning Study 29 by Ševčík and following the examples as instructed in the study and showed on the Video Tutorials.</li> </ul>
<b>4. HOW TO PLAY CHORDS</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 3 – learn how to play chords technically, practice them on scales as shown on video.</li> <li>→ Apply the tip in your piece practicing the chords sections in similar way.</li> </ul>
<b>5. HOW TO LEARN A PIECE</b>	<ul style="list-style-type: none"> <li>→ Read through and familiarise yourself with tips in Chapters 5, 6, and 7.</li> <li>→ Go to Chapter 8 and follow the steps throughout the 3 Stages of Practicing a Piece.</li> </ul>
<b>6. HOW TO IMPROVE YOUR TECHNIQUE USING SCALES</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 6 and choose the described tip specifically for what you would like to improve on – Intonation / Sound / Bow control and Bow strokes.</li> <li>→ Practice the specific exercises in the tip you have chosen following the Video Tutorials.</li> </ul>
<b>7. HOW TO IMPROVE YOUR SHIFTING</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 3 - Shifting Section, and use it as a reminder of a number of important facts about the hand position.</li> <li>→ Go to Scales and follow up carefully the steps described there.</li> <li>→ Go to Video Tutorials and practice each of your shifts by following the tip as demonstrated on video.</li> </ul>
<b>8. HOW TO ACHIEVE DYNAMIC CONTRAST IN YOUR SOUND</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 4 - Dynamics Section, and learn the tips.</li> <li>→ Go to Scales and practice the scale for Dynamics control as written – Crescendo &amp; Diminuendo.</li> </ul>
<b>9. HOW TO IMPROVE INTONATION</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 5 – Putting Things Together, and follow up all the tips on Intonation.</li> <li>→ Go to Scales and watch the Video Tutorial, and practice the scale for Intonation control as explained.</li> </ul>
<b>10. HOW TO FIX DOUBLE-STOPS PROBLEMS IN SOLO SONATAS BY BACH / YSAÏE</b>	<ul style="list-style-type: none"> <li>→ Go to Chapter 3 – Left Hand Fingers, and learn all tips on Double-stops.</li> <li>→ There are a number of very specifically important technical principles, observed especially in the Six Sonatas by YSAÏE, which need to be addressed by following those particular tips in the Guide.</li> <li>→ Watch the Video Tutorial on practicing Double-stops Scale and apply it on the piece.</li> </ul>