INTONATION – SCALE PRACTICE (ZOOM IN – OUT)				
What is it	What it means - Tempo	How it works		
Step one	→ PLAY VERY SLOW	ZOOMING IN		
LISTENING TO EVERY	(MINIMS)	1. PLAYING the note and anticipating (singing) the NEXT PITCH / SPACE in your head.		
NOTE	→ FREE SLOW BOWS	2. GOING back to check and correct if needed find the CORRECT INTERVAL SOUND.		
		3. CONTINUING forward repeating the same procedure.		
Step two	→ PLAY SLOW	1. ANTICIPATING every pitch note QUICKER in your head so you can play them in time		
'EXPECTING' THE NOTES	(CROTCHETS)	with the rhythm.		
	→ MEDIUM BOW SPEED	2. PREPARING left hand fingers BEFORE the bow.		
Step three	→ PLAY UP-TO-SPEED	ZOOMING OUT		
CONTROLLING THE	→ LONG TONIC / THREE	1. THINKING of the whole scale in advance 'AS ONE' – zooming out to 'seeing the full		
SCALE – 'LOOK & LISTEN'	TO A BOW	picture' and controlling all notes and fingers as one unit.		

HAVE YOU LEARNED IT	Action Words / Task		PRACTICING LINK – GO TO:
STEP ONE	→ LISTEN TO EVERY NOTE	1. ZOOM IN	→ SCALES FOR INTONATION
		2. AWARENESS OF PITCH & SPACE	→ ALL POINTS
		3. CORRECT INTERVAL SOUND	→ START BY ONLY PLAYING 1
STEP TWO	→ 'EXPECT' THE NOTES	1. ANTICIPATE NOTES IN YOUR HEAD QUICKER	OCTAVE SCALE
		2. PLACE FINGERS BEFORE THE BOW	
STEP THREE	→ CONTROL THE SCALE -	1. THINK IN ADVANCE	→ PERFORMING SCALES &
	LOOK & LISTEN	2. CONTROL SCALE 'AS ONE'	ARPEGGIOS
		3. ZOOM OUT	

REMEMBER
THE DETAIL
THE ACTION
THE FEELING