

<b>PRACTICING – THE 3 GOLDEN RULES</b>
<b>1. PRACTICE SLOWLY</b>
<b>2. PRACTICE IN PIANO</b>
<b>3. PRACTICE WITH PURPOSE</b>
<b>PRACTICE SCALES &amp; WARM-UP WITH FULL BEAUTIFUL SOUND IN FORTE</b>

<b>PRACTICING – THE 3 GOLDEN RULES EXPLAINED &amp; RULES EXCEPTIONS</b>	
<p><b>1. PRACTICE SLOWLY</b> Slow practice mainly refers to practicing the left-hand fingers in ‘repetition’ mode and in ‘slow motion camera’ mode – firstly we always focus on the correct use of the fingers therefore the bow must play slower to facilitate that. The same applies also to the right-hand’s bow strokes in ‘repetition’ mode – we practice them slowly for better execution.</p>	<p><b>1. PRACTICE UP-TO-SPEED</b> → In scales – practice in different speeds (not only slowly) according to what you are improving on. Faster pace is also recommended in warm-up scales and exercises. → In pieces – determine the speed of your practice by the readiness of your left hand and bow use, and with patterns improvement use quicker speeds as necessary.</p>
<p><b>2. PRACTICE QUIETER / IN PIANO</b> Piano (quieter) practice refers to both left-hand and bow – clarity of intonation and fingers’ technique can be achieved playing quietly (as in tuning the violin) and the use of bow can be controlled more efficiently without the ‘distraction’ of producing a loud sound.</p>	<p><b>2. PRACTICE LOUDER / IN FORTE</b> → In scales – practice louder for better sound quality and in warm-up exercises. → In pieces – practice louder for good quality sound specifically, and also when playing the piece as a ‘whole’.</p>
<p><b>3. PRACTICE WITH PURPOSE</b> Determine your purpose – generally practice slowly and in piano to improving on sections, and to focusing on details in separate tasks (left, and right hands, intonation, etc.). Producing a loud sound all the time can be a distraction, a ‘cover up’ and an impediment to focusing on such details.</p>	<p><b>3. ACHIEVE YOUR PURPOSE</b> → When putting things together practice with full sound (‘as written’ and intended), and faster up-to-speed → Follow the logical transition between the need of focusing on a detail and the need of putting it all together and achieving a good ‘flow’ of the piece.</p>
<b>LEARN WHEN TO PRACTICE SLOWLY &amp; IN PIANO FOR MORE EFFICIENCY</b>	