

<b>FINGERS – ADVANCED – HOLDING FINGERS DOWN OVERLAPPING</b>		
What is it	What to do	It feels like
<b>SCALES PATTERNS</b>		
1. <b>ASCENDING 4<sup>th</sup> / 1<sup>st</sup> &amp; DESCENDING 1<sup>st</sup> / 4<sup>th</sup></b>	<b>HOLDING DOWN</b> the 4 <sup>th</sup> finger when crossing string to the 1 <sup>st</sup> finger, or the 1 <sup>st</sup> finger when crossing string to the 4 <sup>th</sup> finger until after the note begins – <b>OVERLAPPING NOTES</b> .	→ <b>ONE OVERLAPPING ACTION – HOLD 4<sup>th</sup> / PRESS 1<sup>st</sup> &amp; HOLD 1<sup>st</sup> / PRESS 4<sup>th</sup></b>
2. <b>1<sup>st</sup> FINGER – GUIDE</b>	<b>KEEPING</b> 1 <sup>st</sup> finger as a guide <b>LIGHTLY TOUCHING</b> the string relaying to the brain a sense of hand position and its exact place.	→ <b>SECURING INTONATION</b> → <b>RELAYING SENSE OF POSITION</b>
3. <b>REPEATED NOTES IN PATTERNS</b>	<b>KEEPING</b> fingers down in repeated notes for <b>AS LONG AS POSSIBLE</b> .	→ <b>EASY CONTROL OF PATTERNS</b>

<b>IDENTIFY &amp; SOLVE THE PROBLEM</b>	
Don't	Do
1. <b>LIFT 4<sup>th</sup> TOO EARLY (ASCENDING) &amp; LIFT 1<sup>st</sup> TOO EARLY (DESCENDING)</b>	1. <b>OVERLAP HOLDING DOWN 4<sup>th</sup> / 1<sup>st</sup> ASCENDING &amp; 1<sup>st</sup> / 4<sup>th</sup> DESCENDING</b>
2. <b>LOSE SENSE OF POSITION</b>	2. <b>GUIDE WITH 1<sup>st</sup> LIGHTLY TOUCHING STRING</b>
3. <b>LIFT FINGERS FOR REPEATED NOTES</b>	3. <b>KEEP AS MANY FINGERS DOWN AS POSSIBLE</b>

<b>HAVE YOU LEARNED IT</b>	<b>ACTION WORDS / TASK</b>	<b>PRACTICING LINK – GO TO:</b>
1. <b>ASCENDING 4<sup>th</sup> / 1<sup>st</sup> &amp; DESCENDING 1<sup>st</sup> / 4<sup>th</sup></b>	<b>OVERLAPPING FINGERS ACTION – PRESS TOGETHER 4<sup>th</sup> / 1<sup>st</sup> &amp; 1<sup>st</sup> / 4<sup>th</sup></b>	→ ŠEVČÍK – BASIC TECHNIQUE → POINT 2 – FINGERS OVERLAPPING
2. <b>1<sup>st</sup> FINGER – GUIDE</b>	1. <b>SECURE INTONATION</b> 2. <b>SECURE SENSE OF POSITION</b>	
3. <b>REPEATED NOTES IN PATTERNS</b>	<b>EASY CONTROL OF PATTERNS</b>	

**REMEMBER  
THE DETAIL  
THE ACTION  
THE FEELING**