

<b>BOW STROKES – ON THE STRING – LEGATO BOW</b>			
What is it	What to do	Where on Bow	Feels like
1. <b>LEGATO</b>	<b>LEFT HAND</b> – responsible for <b>ARTICULATION &amp; RHYTHM</b> . <b>RIGHT HAND</b> – responsible for <b>SMOOTH BOW CHANGES</b> .	<b>ANYWHERE ON BOW</b>	→ <b>ARTICULATED LEFT- HAND</b> → <b>SMOOTH BOW CHANGES</b>
2. <b>STRING CHANGE</b>	<b>LEFT HAND</b> – <b>ANTICIPATING</b> finger before - feeling as if 'PLAYING DOUBLE STOP'. <b>RIGHT HAND</b> – <b>BOW CHANGING</b> string <b>GRADUALLY AVOIDING</b> an <b>ACCENT</b> on the bow change.		→ <b>PREPARED FINGERS ON BOW CHANGE</b> → <b>AVOIDING ACCENTS ON STRING CHANGE</b>

<b>HAVE YOU LEARNED IT</b>	<b>Action Words / Task</b>	<b>PRACTICING LINK – GO TO:</b>
1. <b>LEGATO</b>	1. <b>FINGERS - ARTICULATE LEFT-HAND FINGERS</b> 2. <b>BOW - SMOOTH BOW CHANGES</b>	→ <b>PERFORMING SCALES &amp; ARPEGGIOS</b>
2. <b>STRING CHANGE</b>	1. <b>FINGERS - PREPARED FINGERS ON BOW CHANGE</b> 2. <b>BOW - AVOIDING ACCENTS ON STRING CHANGE</b>	

**REMEMBER**  
**THE DETAIL**  
**THE ACTION**  
**THE FEELING**