PRACTICING SCALES – FOR BOW DISTRIBUTION / CO-ORDINATION / ARTICULATION			
ON SCALES - 3 OCTAVES	Speed & Pulse	Bow Distribution	Bow Start
1. EVENLY MANAGED BOW DISTRIBUTION	SLOW to FAST	ALWAYS using WHOLE BOW	AT HEEL
Slurred and gradually starting from slow speed to fast speed -	Crotchets to	Fitting 2 – 42 in one bow slurred	
from 2 to 42 notes to a bow	Demisemiquavers		
2. COORDINATION & CONTROLLING the THREE CHANGES			
'Seamless' string-crossing, shifts, change of bows			
3. FINGERS ARTICULATION & EVEN SOUND PROJECTION			
Articulated left hand fingers & 'crescendo-like' sound towards the bow			
tip to sustaining the even sound			
PLAY SCALES WITH GOOD INAUDIBLE SHIFTS, SMOOTH STRING CROSSINGS & BOW CHANGES & WITHOUT ANY ACCENTS IN THE SOUND.			