PRACTICING SCALES – FOR INTONATION			
ALL SCALES & ARPEGGIOS - 3 OCTAVES	Speed & Pulse	Bow Distribution	Bow Start
1. 'SLOW' MINIMS SEPARATELY	SLOW 2/4	ALWAYS using WHOLE BOW	AT HEEL
- CHECK the notes with open strings where possible	Minim = 50		
- LISTEN to every note & COMPARE it to the previous note as an interval			
(tone / semitone)			
- STOP & CORRECT if needed – LOOK at the FINGERS			
2. 'SLOW' CROTCHETS SEPARATELY	MODERATE 4/4	Using HALF BOW	2 nd BOW
- DON'T STOP to correct	Crotchet = 50		QUARTER
- THINK 'AHEAD' – 'HEAR' the next note IN YOUR MIND			
- COMPARE both notes and MOVE ON			
3. 'SLOW' QUAVERS REPEATING the LOWER NOTE and SLURRING IT to the	MODERATE 4/4		
next one	Crotchet = 50		
- DON'T STOP or go back to correct			
- ANTICIPATE where exactly the next finger is going			
- SECURE the process by repeating it			