

<b>PRACTICE TOOLS – MEMORISING – STAGES</b>		
<b>What is it</b>	<b>What to do</b>	<b>It feels like</b>
1. <b>SHORT / LONG SECTIONS</b>	<b>STARTING</b> by playing short sections – only one bar or one phrase at a time, as much as it feels comfortable and natural to memorising, then increasing with time to half a page, one page, one big section, etc.	→ <b>MEMORISING A BAR</b> → <b>MEMORISING A PHRASE</b> → <b>MEMORISING A SENTENCE</b>
2. <b>'THREE TO ONE' PRINCIPLE</b>	<b>PLAYING</b> 'three times with - once without the music' (3/1), then reverting to 2/2 and 1/3 until you can play the bar or phrase without the music three consecutive times.	→ <b>REPETITION PRINCIPLE 'WITH / WITHOUT' THE MUSIC</b>
3. <b>'START WITH MUSIC' PRINCIPLE</b>	<b>STARTING</b> practising the piece in your day practice looking at the music first to refreshing your memory so you don't forget any of the details, and then trying it without the music – repeating the cycle above as many or few times as needed.	→ <b>LOOKING AT THE MUSIC FIRST</b>

<b>HAVE YOU LEARNED IT</b>	<b>Action Words / Task</b>
1. <b>SHORT / LONG SECTIONS</b>	1. <b>MEMORISE A BAR</b> 2. <b>MEMORISE A PHRASE</b> 3. <b>MEMORISE A SENTENCE</b>
2. <b>'THREE TO ONE' PRINCIPLE</b>	1. <b>PLAY WITH MUSIC</b> 2. <b>PLAY WITHOUT THE MUSIC</b>
3. <b>'START WITH MUSIC' PRINCIPLE</b>	<b>LOOK AT THE MUSIC FIRST</b>

**REMEMBER**  
**THE DETAIL**  
**THE ACTION**  
**THE FEELING**