

PERFORMING SCALES & ARPEGGIOS			
ALL SCALES & ARPEGGIOS - 3 OCTAVES	Speed & Pulse	Bow Distribution	Bow Start
1. Scales in ' LONG TONIC ' pattern LONG TONIC – two beats (3 + 4 notes) to a bow SLURRED or 4 beats (7 notes) to a bow SLURRED	MODERATE – 4/4 Crotchet = 75	Using 3 QUARTERS OF BOW	2nd BOW QUARTER
2. Scales in ' EVEN NOTES ' pattern EVEN QUAVERS – 3 + 4 notes to a bow SLURRED or 7 notes to a bow SLURRED	MODERATE – 7/8 Quaver = 160		
3. Scales in ' TRIPLETS ' EVEN RHYTHM pattern 1 TRIPLET BEAT – 3 notes to a bow SLURRED or 6 notes to a bow SLURRED ARPEGGIOS ALWAYS in ' TRIPLETS ' pattern	MODERATE – 4/4 Crotchet = 75		
PLAY SCALES WITH GOOD INAUDIBLE SHIFTS, SMOOTH STRING CROSSINGS & BOW CHANGES & WITHOUT ANY ACCENTS IN THE SOUND.			