

PRACTICING SCALES – FOR SOUND QUALITY & BOW CONTROL			
ON SCALES - 3 OCTAVES	Speed & Pulse	Bow Distribution	Bow Start
1. LOOKING for SOUND EVENNESS Even bow speed / bow pressure control	SLOW - Semi-breves Crotchet = 90	ALWAYS using WHOLE BOW	AT HEEL
2. CONTROLLING the THREE CHANGES - change of strings (string-crossing) - change of position (shifting) - change of bow (flexible fingers)			
3. LISTENING for SOUND PROJECTION Singing-like / resonating / fully projecting <i>f</i> sound			
PLAY SCALES WITH GOOD INAUDIBLE SHIFTS, SMOOTH STRING CROSSINGS & BOW CHANGES & WITHOUT ANY ACCENTS IN THE SOUND.			

PRACTICING SCALES – FOR SOUND QUALITY & BOW CONTROL – WITH VIBRATO			
ON SCALES - 3 OCTAVES	Speed & Pulse	Bow Distribution	Bow Start
1. LOOKING for SOUND / VIBRATO EVENNESS Even bow speed / bow pressure control / even slow-speed (wide) vibrato	SLOW - Semi-breves Crotchet = 90	ALWAYS using WHOLE BOW	AT HEEL
2. CONTROLLING the THREE CHANGES / CONTINUOUS VIBRATO - change of strings (string-crossing) / no vibrato stopping - change of position (shifting) / no vibrato stopping - change of bow (flexible fingers) / no vibrato stopping			
3. LISTENING for SOUND PROJECTION / RICH VIBRATO Singing-like / resonating / fully projecting <i>f</i> sound / wide vibrato			
PLAY SCALES WITH GOOD INAUDIBLE SHIFTS, SMOOTH STRING CROSSINGS & BOW CHANGES & WITHOUT ANY ACCENTS IN THE SOUND.			